



# myobrace

### **Myofunctional orthodontics**

Over the last 20 years *Myofunctional Research Co.* (*MRC*) have developed orthodontic appliances to improve the dental and facial development of children from 5 -15 years of age, using myofunctional orthodontic techniques instead of traditional orthodontics. This technique not only straightens teeth (often without braces) but also treats the causes of crooked teeth and incorrect jaw development.

75% of growing children have malocclusion and incorrect facial development. Soft Tissue Dysfunction is the major cause.

#### What causes orthodontic problems

The majority of our children will develop crowded teeth and incorrect jaw alignment. Comprehensive research has shown that mouth breathing, tongue thrusting, reverse swallowing and thumb sucking – known as incorrect myofunctional habits – are the real causes of malocclusion. These habits limit the child's cranio-facial development – resulting in orthodontic problems.



Incorrect tongue position restricts development of the maxilla causing crowding.



Reverse swallow restricts mandibular development causing crowding.

# Limitations of orthodontic treatment with braces

The orthodontic profession now recognises that although braces can align teeth effectively, maintaining this alignment requires permanent retainers for life. In addition, research has found that damage to the roots (root resporption) occurs in virtually every case. Parents are increasingly questioning the effectiveness and safety of orthodontic treatment with braces.

### How Myobrace® works

*MRC* has pioneered the use of appliances to correct myofunctional habits in growing children and has proven success in orthodontic correction without braces.\* This treatment can also lead to better facial development in growing children. The key to this treatment is correcting the position and function of the tongue, obtaining correct nose breathing and retraining the oral muscles to function correctly.

*Myobrace*<sup>®</sup> appliances effectively train the tongue to position correctly in the upper jaw, retrain oral musculature and exert light forces to expand the jaws and align the teeth.

#### Goals of treatment:

- Correct nasal breathing.
- Correct function of oral-facial musculature.
- Correct arch form and tooth alignment.

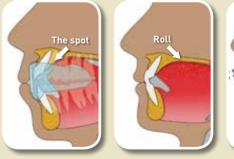


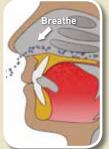
Treatment with braces.



Permanent fixed retainer.

The *Myobrace*<sup>®</sup> trains the tongue to position correctly, encourages correct swallowing and breathing patterns. The effect of the correct tongue position and *Dynamicore*<sup>™</sup> corrects arch form and improves tooth alignment.





Correct rest Correct swallowing position pattern

Breathing awareness

\* Visit www.myoresearch.com to view research.

## Myobrace for Juniors<sup>™</sup>

- 1 Flexible material for use in
- Air spring allows gentle and active stimulation to the growing facial and jaw muscles.
- **3** Tongue tag, guard and elevators - train the tongue to position properly and prevent thumb sucking.
- **4** Extended lip bumper - discourages strong, overactive lip muscles

# Primary

*Myobrace for Juniors*<sup>™</sup> is a three-stage appliance system designed specifically to correct poor oral habits while treating upper and lower jaw early as three years of age.

*For assistance with appliance selection, use the* 'Appliance Selector' feature on myoresearch.com.

#### **Designed for:**

- Exercising jaw muscles.
- Encouraging correct chewing. Training correct nasal
- breathing.
- Replacing pacifier / dummy.
- Improving arch development.



HABIT CORRECTION

**STAGE 1** 

1)





J1 APPLIANCE (left) J1 CROSS SECTION (above)

#### **MYOBRACE® J1**

The J1 provides habit correction. The J1 is made of flexible silicone to readily adapt to any arch-form and malocclusion.

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It features anterior and posterior air springs that improve muscle function for children in the primary dentition.

The J1 is in medium and large and available in pink and blue.



ARCH DEVELOPMENT

**STAGE 2** 





J2 APPLIANCE (left)

#### **MYOBRACE® J2**

The J2 provides arch development as well as habit correction.

The J2 is made of medium-hardness material which assists in widening and developing the jaws.

The J2 is in medium and large and available in pink and blue.



ALIGNMENT AND OCCLUSAL CORRECTION

**STAGE 3** 



J3 APPLIANCE (left) J3 CROSS SECTION (above)

#### **MYOBRACE® J3**

The J3 provides continued jaw development and occlusal correction.

The *J3*'s firm polyurethane construction provides excellent tooth alignment and the wider tongue tag finalises tongue position.

The J3 is in medium and large and available in pink and blue.

# Myobrace for Kids<sup>™</sup>

- ① *Dynamicore*<sup>™</sup> with Frankel Cage - assists in widening and developing the jaws.
- 2 Tongue tag, guard and elevators - train the tongue to position properly.
- 3 Extended lip bumper - discourages strong, overactive lip muscles.

# mixed Dentition

Myobrace for Kids<sup>™</sup> is a three-stage appliance system designed specifically to correct poor oral habits while treating upper and lower jaw development problems. Myobrace for Kids<sup>™</sup> is most effective after a child's permanent front teeth have come through and before all the permanent teeth have erupted.

For assistance with appliance selection, use the 'Appliance Selector' feature on **myoresearch.com**.

#### **Designed for:**

- Class II Division 1 + 2 malocclusion
- Anterior (upper + lower) crowding.
- Deep bite.
- Open bite.



3



K1 APPLIANCE (left) K1 CROSS SECTION (above)

#### MYOBRACE® K1

The K1 provides habit correction.

The *K1* is made of flexible silicone to adapt to any arch-form and poorly-aligned teeth. Its flexible nature also means that it offers improved retention for night-time use.

The *K1* is available in three sizes and comes in pink and blue.

CORRECTION

STAGE 1



ARCH DEVELOPMENT

STAGE 2



FINAL ALIGNMENT AND RET<u>ENTION</u>

STAGE 3



K2 APPLIANCE (left) K2 CROSS SECTION (above)

#### MYOBRACE® K2

The *K2* provides arch development in addition to habit correction.

The K2 features  $Dynamicore^{T}$  with a Frankel Cage which assists in developing the archform and improving the dental alignment.

The *K2* is available in three sizes and comes in pink, blue and clear.



K3 APPLIANCE (left) K3 CROSS SECTION (above)

#### MYOBRACE® K3

The *K3* provides final alignment and retention.

The K3's firm polyurethane construction provides excellent tooth alignment and retention. The hollow tongue tag finalises tongue position.

The K3 is available in three sizes and comes in pink and blue.



#### Myobrace for Teens™

Myobrace for Teens<sup>™</sup> is a four-stage appliance system designed specifically to correct poor oral habits while treating upper and lower jaw development problems. Myobrace for Teens<sup>™</sup> is most effective when the permanent teeth have come through and is designed to guide the erupting teeth into their natural position.

For assistance with appliance selection, use the 'Appliance Selector' feature on **myoresearch.com**.

### ① *Dynamicore*<sup>™</sup> - provides excellent arch development.

- 2 Tongue tag, guard and elevators - trains the tongue to position properly.
- **3** Tooth slots for aligning the permanent teeth.
- **4** Lip bumper trains the lips.

4

#### MYOBRACE® T1 The T1 provides habit correction and initial dental alignment. The *T1* is made of soft and flexible material to adapt to a wide range of arch forms and poorly aligned teeth. The soft material allows for better retention and comfort in the initial HABIT CORRECTION stages of treatment. T1 APPLIANCE (left) The *T1* is available in regular and large. T1 CROSS SECTION (above) STAGE 1 **MYOBRACE® T2** The T2 provides arch development in addition to habit correction. The *T2* features *Dynamicore*<sup>™</sup> with a Frankel Cage, which assists in developing the archform to create more space for the erupting permanent dentition as well as improving the ARCH DEVELOPMENT dental alignment. T2 APPLIANCE (left) The *T2* is available in regular and large. **STAGE 2** T2 CROSS SECTION (above **MYOBRACE® T3** The T3 provides individual tooth alignment in addition to further arch development and habit correction. The *T3* features *Dynamicore*™ to assist in developing the arch-form which provides more space for the erupting dentition. The tooth slots separate and align FINAL ALIGNMENT the anterior teeth. T3 APPLIANCE (left) The T3 is available in seven sizes. STAGE 3 T3 CROSS SECTION (above) **MYOBRACE® T4** The *T4* provides final alignment of the teeth and jaws. The T4's firm polyurethane construction also provides excellent retention. The hollow tongue tag encourages final tongue position. RETENTION The *T4* is available in regular and large. T4 APPLIANCE (left) STAGE 4 T4 CROSS SECTION (above)

# Myobrace for Adults<sup>™</sup>

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- 1 Ideal arch-form encourages correct natural arch development.
  - **2** Tooth channels align the front
- 3 Tongue tag, guard and elevators - train the tongue to position correctly. This can prevent unwanted lower jaw growth.
- 4 Lip bumper trains the lower lip.

# PERMANENT DENTITION

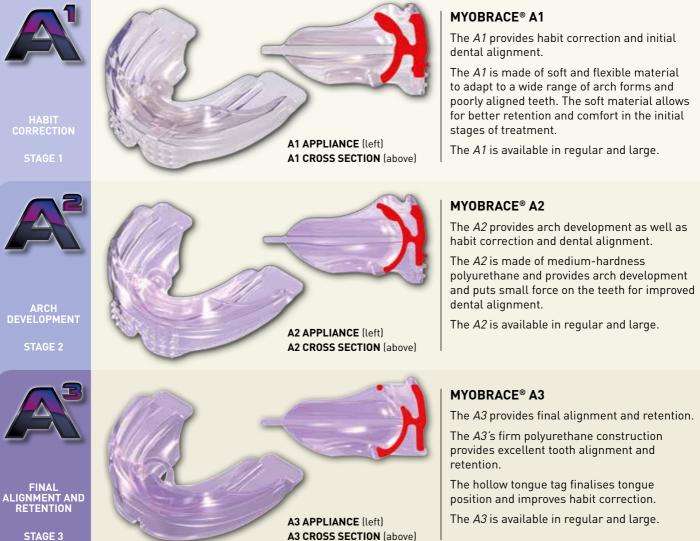
*Myobrace for Adults*<sup>™</sup> is a three-stage appliance system suitable for the permanent dentition.

The *Myobrace for Adults*<sup>™</sup> appliance series incorporates many of *MRC*'s proven appliance design principles, including features that correct poor oral habits, while applying light forces to align the teeth.

For assistance with appliance selection, use the 'Appliance Selector' feature on myoresearch.com.

#### **Designed for:**

- Treating malocclusion in adult patients.
- Mild to medium upper and lower anterior crowdina.
- Treatment of relapse of anterior alignment after orthodontic treatment with braces.
- Moderate Class II Division 1 and Division 2.



STAGE 3

# MIXED CIII DENTITION

#### Myobrace for Interceptive Class III™

Myobrace Interceptive Class III<sup>™</sup> is a three-stage appliance system designed specifically to correct poor oral habits while limiting the excessive lower jaw development problems commonly associated with patients who have Class III malocclusion.

Myobrace Interceptive Class III<sup>™</sup> is most effective before a child's permanent teeth are coming through (ages 5 to 8) and is available in three sizes.

#### 1 DynamiCore<sup>™</sup> with Frankel **Cage** - assists in widening the upper jaw, allowing more space for the tongue.

- 2 Small breathing holes and dual arch form - prevent mouth breathing, which is common in most Class III cases.
- 3 Tongue tag, guard and **elevators** - train the tongue to position correctly. This can prevent unwanted lower jaw arowth.

#### **MYOBRACE® i-3N** The *i-3N* provides habit correction. The *i-3N* is made of flexible silicone to adapt to any arch-form and poorly-aligned teeth. Its flexible nature also means that it offers improved retention for night-time use. HABIT The *i-3N* is available in three sizes, in yellow CORRECTION or clear i-3N APPLIANCE (left) STAGE 1 i-3N CROSS SECTION (above) MYOBRACE® i-3® The $i-3^{\circ}$ provides arch development in addition to habit correction. The *i*- $3^{\circ}$ features *Dynamicore*<sup>M</sup> with a *Frankel* Cage which assists in developing the archform and improving the dental alignment. ARCH DEVELOPMENT The $i-3^{\circ}$ is available in three sizes, in yellow or clear. i-3<sup>®</sup> APPLIANCE (left) **STAGE 2** i-3<sup>®</sup> CROSS SECTION (above) **MYOBRACE® i-3H** The *i-3H* provides final alignment and retention. The *i-3H*'s firm polyurethane construction provides excellent tooth alignment and retention. The hollow tongue tag finalises **FINAI** tongue position. ALIGNMENT AND RETENTION The *i-3H* is available in three sizes. i-3H APPLIANCE (left) STAGE 3 i-3H CROSS SECTION (above) The P-3 provides jaw repositioning to help dentition. any Frankel effect to adapt the maxilla in a

PERMENANT

P-3 APPLIANCE (left) P-3 CROSS SECTION (above)

#### MYOBRACE® P-3 PERMANENT DENTITION

correct class III malocclusion in the permanent

The *P-3* features Frankel Shields that maximise more forward position as well as a 3mm offset of the upper and lower incisor position.

The P-3 is available in clear and green.

# Myobrace for Braces<sup>™</sup>

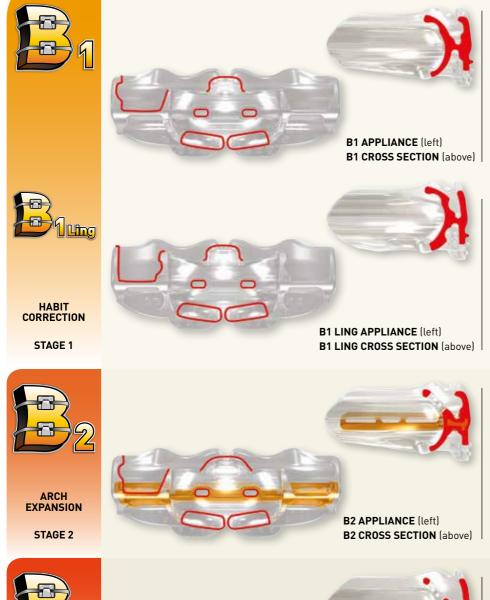


Myobrace for Braces<sup>™</sup> is a threestage appliance system specifically designed to be compatible with praces while correcting poor oral nabits, improving upper and lower aw developmental problems and is to align permanent teeth

These appliances correct poor myofunctional habits, which can cause crooked teeth, while providing light forces to assist in expanding the upper jaw and help braces align teeth into the correct position.



- 1 Braces Channel Accommodates upper (and lower) brackets and orthodontic archwire while protecting cheeks and gums.
- 2 Tongue tag, tongue guard and elevators – trains the tongue to sit in the correct position in the upper jaw.
- 3 Extended lip bumper and high sides – discourages overactive lip function and encourages nasal breathing.



The *B3* provides habit correction in the retention phase.

It features a widened channel, tongue tag, tongue guard, elevators, extended lip bumpers and high sides to correct tongue position, discourage overactive lip function and encourage nasal breathing in conjunction with clear aligners.



HABIT CORRECTION IN THE RETENTION PHASE MYOBRACE® B3 The B3 provides h retention phase. It features a wider tag, tongue guard, lip bumpers and h tongue position, d lip function and er breathing in conju aligners.

#### MYOBRACE® B1 LING

**MYOBRACE® B1** 

braces treatment.

The *B1* provides habit correction. It features a braces channel, tongue tag, tongue guard, elevators, extended lip bumpers and high sides to correct tongue position, discourage overactive lip function and encourage nasal breathing in conjunction with fixed

The *B1 LING* provides habit correction.

It features a braces channel, tongue tag, tongue guard, elevators, extended lip bumpers and high sides to correct tongue position, discourage overactive lip function and encourage nasal breathing in conjunction with fixed lingual braces treatment.

#### MYOBRACE® B2

The *B2* provides arch expansion.

It features a braces channel, *Dynamicore*<sup>™</sup>, tongue tag, tongue guard, elevators, extended lip bumpers and high sides to assist with arch development, correct tongue position, discourage overactive lip function and encourage nasal breathing in conjunction with fixed braces treatment.

STAGE 3

## **GETTING STARTED**

#### Step 1 - Research

Your first step is to review myoresearch.com. On this website you'll find detailed information on myofunctional orthodontics and *MRC*'s appliance systems. This will allow you to start treating cases.

#### Step 2 - Contact an MRC representative

Contact your nearest *MRC* representative to get further information about the appliances and treatment methods. They can also provide you with information about *MRC*'s courses along with giving you access to doctor, staff and patient education media.

#### Step 3 - Attend a course

Our courses will equip you with the ability to treat a wider range of cases and achieve better patient compliance - all while experiencing increased profitability. Attending one of our courses will give you a new and profitable technique that can be applied to any case.





# Attend one of MRC's seminars for hands-on training

Millions of growing children have malocclusion. It is no longer viable to maintain orthodontic results with retainers for life or re-treatment. Myofunctional orthodontics is the only way forward and *MRC*'s seminars will show you the way.

Learn about appliance selection from experienced practitioners and gain valuable insight into the diagnosis and treatment of malocclusion using *MRC*'s appliances.

If you'd like to get started using *MRC*'s appliances please contact your nearest *MRC* representative, or visit **myoresearch.com**.

## MYOBRACE CERTIFIED PROVIDER<sup>™</sup> PROGRAM

The *Myobrace Certified Provider*<sup>™</sup> Program has been developed for dentists and orthodontists who would like a streamlined process for introducing myofunctional orthodontics into their practice. The program's network is comprised of dentists and orthodontists from around the world who are united in the common desire to provide comprehensive and high-quality myofunctional orthodontic care to their patients. *Myobrace Certified Providers*<sup>™</sup> are given access to *MRC*'s own clinically developed educational and marketing tools.

#### Why become a *Myobrace Certified Provider*<sup>™</sup>?

- Treat a wider range of patients.
- Increase patient flow in your practice.
- Less chair-side time required.
- Financial benefits for you and your patients.



#### For more info visit www.myoresearch.com or contact an MRC representative

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